

December's Gold Medal School of the Month

Garland Elementary

Principal: Kristi Capener

Mentor: Terrie Beus

Students at Garland Elementary are committed to staying drug-free after a fun-filled Red Ribbon Week. The Garland Elementary Youth Council helped plan the week by creating a [theme, riddle, chant and activities](#) for each day of the week. On Monday bracelets were passed out with a number and the phrase "I love me, drug free" on them. A daily drawing was held; students whose numbers were drawn received a tobacco-free incentive. Thursday, the Bear River High School "TOUGH CLUB" came to present the "How to Get High on Life, Not Drugs" assembly. The Tough Club sang songs and chants, acted out skits and played game shows promoting a drug-free lifestyle. After the assembly, the Tough Club went out for recess with the students. The Youth Council finished off the week with an assembly welcoming the students with the following chant:



"We welcome you all here today and hope you'll listen to what we say. Drugs and Alcohol are very bad. They will only make your life so sad. So pay attention and you will learn to have some fun when it's your turn."



"We wanted to show kids that we can have fun without using drugs or alcohol. All week long we have been doing fun activities. In this assembly we will also be doing some activities that will give you a natural high along with letting you know some facts about drug and alcohol."

At the final assembly Garland Elementary School Students were offered Taboo Witches Brew but the students said “NO WAY!”

The Witches Brew contained the same ingredients as cigarettes.

Batteries=cadmium

Mr. Clean=ammonia

Ant Killer=arsenic

Fingernail polish remover =acetone

Cigarette lighter=butane

Old Car=carbon monoxide

Radon or Rat Poison=cyanide

[See a list of activities](#) the student's participated in during the final assembly.